

# LIBERTY DAY SPA - MENU OF SERVICES

**Medi-Spa Treatments** Cosmetic treatments start from \$300. Complimentary consultations available. Regain a youthful appearance by adding fullness to your features or reducing the appearance of facial wrinkles with the most effective treatments in Facial Rejuvenation—Restylane®/Perlane® and BOTOX® Cosmetic. All products are FDA approved and treatments are administered by a board-certified medical doctor specializing in these safe, non-surgical aesthetic procedures.

## Teeth Whitening

**\$149** reduced treatment price (was \$199) **Couples \$298**

**GO SMILE®** The fastest and safest way to get whiter teeth in 30 minutes. Try the latest technique and you'll be amazed with the results. Your teeth will be up 6 shades lighter in just one session. Impressive results that last and give you a more vibrant smile. There are no harmful toxic chemicals. Utilizing the latest advanced formulas for fast and safe results.

## \*Acupuncture

**\$150**

**Course of 3 \$360, Course of 5 \$575**

Specialty treatments in Acupuncture for seasickness, to stop smoking, detox, pain management, weight loss, to reduce stress, cosmetic/facial acupuncture and any combination of treatments to meet your individual needs. 50 minutes

## \*Ionithermie Algae-Detox

**\$159**

**Course of 3 \$399**

This unique anti-cellulite and detox treatment works with stimuli and algae to reduce cellulite and toxin deposits from the stomach, thighs and buttocks in women and the stomach region in men. You will lose 1-8 inches of external toxins in one session. Ionithermie is now used in Europe as a non-surgical, pain-free alternative to liposuction. Come in and join the revolution.

## \*Micro- Dermabrasion

**\$169**

The most effective non-invasive face therapy for the softening of fine lines, skin discoloration, enlarged pores, sun and age spots, blemishes and acne scars. Organic baking soda crystals exfoliate the most sensitive areas encouraging collagen production.

## La Therapie Oxygen-Lifting Facial

**\$119**

This youth-enhancing facial has results that are fast and dramatic. The appearance of fine lines is reduced, skin tone and texture are restored and the complexion becomes smoother and more radiantly youthful after just one treatment. 50 minutes.

## \*Thai Herbal Poultice Massage

**\$195**

The Thai herbal poultice massage treatment utilizes warmed muslin poultices of Thai and Chinese herbs that are steamed and applied directly to the body in a kneading action. This traditional treatment has been practiced to soothe muscle tension and stiffness on the key areas. Heat and herbs are absorbed by the body to help reduce aches and pains, increase lymphatic drainage and condition the skin. 75 minutes

## \*Bamboo Massage

**\$159**

Imagine warm bamboo and rattan rolling and sliding over your muscles. This indulgent massage based on Southeast Asian techniques will revive your senses in a new and innovative way, inspiring the most relaxed state. Customized to your preference, our therapist will use deep tissue techniques or gentle strokes to melt away your tension and soothe your muscles into sweet oblivion. 50 minutes

## \*Lime and Ginger Body Massage

**\$155 (50 minutes) \$199 (75 minutes)**

Warmed oils are drizzled over your body and a body scrub with lime and ginger is massaged into your skin to exfoliate away dryness. After an aromatic shower, we delight you with a Swedish 25 or 50 minute massage.

## \*Aromapure Seaweed Massage

**\$195 (75 minutes) \$256 (90 minutes)**

This seaweed mask cleanses the body and muscles. It is followed by a massage on the main tension areas providing weeks of relief. Recommended for Arthritis, Fibromyalgia, muscle spasms and general body cleansing. Includes a scalp massage and foot massage.

## \*Couples' Massage and Float Combo

**\$179 per couple**

Designed for two, enjoy a 25 minute Swedish massage with your partner and a 25 minute float. 50 minutes.

## \*Hot Stones Massage

**\$195**

**Couples \$390**

A traditional full body massage combined with deep penetrating heat from volcanic stones bathed in oriental oils. This Balinese massage helps release deep muscular tension and is undeniably luxurious. 75 minutes.

(\* signature services)

For more information, please contact the Liberty Day Spa or dial 6982 to schedule your appointment.

Terms and conditions apply.

*A minimum of 24-hours notice is required to avoid a cancellation fee of 50% for services booked.*

**OUR SKINCARE PROFESSIONALS WILL BE HAPPY TO RECOMMEND A FACIAL SPECIFIC TO YOUR NEEDS**

